

CHEERS

tops!



BAKED CHICKEN WITH CHORIZO

INGREDIENTS:

6 free-range or organic chicken breasts on the bone

100 g chorizo or pepperoni sausage, thickly sliced

6 ripe tomatoes, roughly chopped

1 large red pepper, sliced

1 can (400 g) cannellini beans, drained and rinsed

2 cloves garlic, crushed or finely chopped

1 Tbsp finely chopped fresh rosemary

1 tsp dried tarragon

Sea salt and black pepper to taste

3 Tbsp olive oil

METHOD

- 1 Place everything in a large roasting pan, season to taste, drizzle with olive oil and toss until well coated.
- 2 Bake in a preheated oven at 200°C for 45 minutes, or until the chicken is cooked through.